

# Contact Numbers

## Domiciliary Care SA

General Enquiries  
and Client Referrals  
Metropolitan Access Team  
(8:30am-5pm)  
Telephone: (08) 8193 1234

Client Service Offices  
Elizabeth Office  
Cnr Mark Road & Oldham Road  
Elizabeth Vale SA 5112  
Telephone: (08) 8256 8500

Hampstead Office  
207-255 Hampstead Road  
Northfield SA 5085  
Telephone: (08) 8304 6200

Netley Office  
Buildings 2&4, 300 Richmond Road  
Netley SA 5037  
Telephone: (08) 8193 1200

Noarlunga Office  
Alexander Kelly Drive  
Noarlunga Health Centre SA 5168  
Telephone: (08) 8384 9277

Park Holme Office  
670 Marion Road  
Park Holme SA 5043  
Telephone: (08) 8277 3366

Woodville Office  
19-21a Belmore Terrace  
Woodville SA 5011  
Telephone: (08) 8440 6700

[www.domcare.sa.gov.au](http://www.domcare.sa.gov.au)

## Other Useful Resources

Aboriginal Health Council  
of South Australia Inc (AHCSA)  
78 Fullarton Road  
Norwood SA 5067  
Telephone: (08) 8132 6700

AHCSA is the peak body representing Aboriginal community controlled health and substance misuse services in South Australia. Our primary role is to be the 'health voice' for all Aboriginal people in South Australia.

Aboriginal Home Care  
3 Ninth Avenue  
Bowden SA 5007  
Telephone: (08) 8346 9155

Aims to provide culturally appropriate services for Aboriginal people and their carers, enabling them to remain in their own homes. Residential aged care facility (low level care) and independent Advocacy. Home care and support - including gardening, household duties, shopping, social support, assistance with meal preparation. Information and referral, respite care, social activities, transport - to attend specialist medical appointments.

Aboriginal Disability Unit  
Julia Farr Services  
10-30 Fisher Street  
Fullarton SA 5063  
Telephone: (08) 8372 1474

The South Australian Aboriginal Disability Advisor service assists all Options Coordination agencies improve their services to Aboriginal people who have a disability. They liaise and network with local Aboriginal communities to promote the services of all Options Coordination agencies.

Aged Rights Advocacy Service  
45 Flinders Street  
Adelaide SA 5000  
Telephone: (08) 8232 5377

## Services for Aboriginal & Torres Strait Islander People





Do you, or any of your family have difficulty with:

- Walking
- Falling
- Showering
- Dressing
- Speech
- Swallowing / Eating
- Bowels or bladder
- Cutting toe nails
- Cleaning
- Coping with stress or relationships
- Confusion / memory loss

Services to all Aboriginal people are provided under strict confidentiality.

Domiciliary Care SA:

Domiciliary Care SA (DomCare) provides services to people with reduced capacity, assisting them to stay living in their own homes close to loved ones, family and local community.

DomCare's services include physical assistance, rehabilitation and social support for those in need as well as respite and support for their caregivers.

Through helping to improve quality of life and promote independence, DomCare's assistance often prevents premature or inappropriate admission to residential care.

- Support older people and people with disabilities in the community to remain living in their own home.
- Understand medical and physical problems.
- Will be respectful of culture.
- Will help you find ways to live with problems.
- Work together with clients, their families and other agencies.

## Statement of Reconciliation

Domiciliary Care SA's principal value is to provide a culturally safe, optimistic and friendly environment where everyone can expect to be treated fairly and with respect.

We commit ourselves to providing this care within the vision of a united Australia which provides equity and justice for all its people and values the heritage of the Aboriginal and Torres Strait Islander peoples.

Domiciliary Care SA values the unique status of Aboriginal and Torres Strait Islander people as the original custodians of Australia.

We acknowledge the deep spiritual and cultural relationship they have with their country and recognise that this country and the surrounding waters were colonised without consent.

We recognise that the spiritual, emotional, mental and physical health of all Aboriginal people is inter-woven with their heritage.

We acknowledge the Kurna people as the traditional custodians of the Adelaide Plains and recognise that colonisation has resulted in Aboriginal people becoming dispossessed and alienated, with their culture impoverished.

Domiciliary Care SA shares in the National Reconciliation vision 'for an Australia that recognises the special place and culture of Aboriginal and Torres Strait Islander peoples as the First Australians, values their participation and provides equal life chances for all'.